- 1. 25 Points: Complete your Intro:
 Begin writing an intro to your topic. Once completed, begin finding articles and sources. What are reputable sources? University and program web sites, books, journal articles and experts on your topic. Read below for sample Intros!
- 2. 25 Points: Also type up your Outline –See Sample below.
- 3. Send to me via www.washington.edu



SAMPLE INTROS

Intro: Post Traumatic Slave Disorder

Post Traumatic Slavery Syndrome is a term coined by Dr. Leary to explain the psychological phenomena that can affect those of African American descent. As Dr.Leary says, it is an "etiology of many of the adaptive survival behaviors in African American Communities throughout the United States and the Diaspora" (DeGruy-Leary 2). Leary's work systematically outlines the how slavery traumas have been passed down to modern day behaviors. According to Dr. Leary, in order to help this condition, a diagnosis should be made and followed through with intense treatment. PTSS can be the reason behind why so many African Americans find themselves on a destructive path. It is important to bring awareness to this subject in order to begin healing for the next generation (DeGruy-Leary 3). As Mitchell states about PTSS, "The after affects African descendants have and still are experiencing due to slavery in America in which equates America to the ultimate abusive stepparent and Black Americans are the abused victimized child, who had been taught and told loud and long for centuries that we are less than human" (qtd. in Mitchell). Therefore, the first step to understanding this disorder is in understanding the basic history of slavery and trauma.

Intro: Gaming Computers

Most people today have grown up playing some sort of video game. Video games made their debut in the 1960s and although just a passing fancy at first, with games you played on your TV like ping pong and spaceship, video gaming has now grown in to a multi-million dollar business (Cross). In the 90's games like "Doom" and "Warcraft: Orcs and Humans" were popular computer games and most people are only familiar with Xbox and Playstation. But today, gaming is so popular that whole computers systems are developed for playing games. The ones that exist are highly expensive and are not advertised much, except in PC enthusiast and PC Gamer magazines (Bellis). So what is a brief history of gaming computers and how have they progressed until today?

Intro: The Visually Impaired

Not too many people know much about the culture of blindness. It is hard for people to understand this way of life and what blind people go through on a daily basis. The blind face discrimination and abuse living life day to day with tough obstacles to overcome. Many don't realize that people with disabilities are normal human beings too, regardless of what their disability is. People who are differently-abled, need love and companionship in their lives, as everyone does. There are a lot of visually impaired people in our society and it's good for people to be aware of the special struggles they go through.

TYPES OF PAPERS and OUTLINES (All written through research)

PCES	SEQUENCE/SERIAL	DEFINITION	RESEARCH
Problem	History	Describe Topic	Describe Issue
Cause	Modern	Provide Context	Create Research
Effects	Future	Provide Details	Project
Solution			Conduct Research
			Analyze Research

SAMPLE PCES Outline: Topic Nutrition

Project Outline

Essential Question:

How can eliminate the health disparity due to nutrition among poor and wealthy Americans?

Introduction

Causes

- 1. Availability of Healthy foods
- 2. Accessibility of Grocery Stores
- 3. Low Income and Welfare
- 4. Cultural Cuisines such as Soul Food

Effects

- 1. Heart Disease rates higher among low income areas
- 2. Obesity and diabetes direct effects of eating unhealthy foods
- 3. Hospitals visitations and higher insurance rates as indirect effects
- 4. The effects of nutrition in schools and learning

Solutions

- 1. Economic changes will improve financial conditions among low income people
- 2. Focusing on agribusiness strategies will help close the nutrition gap
- 3. New pro-health programs will instruct people about
- 4. Smart Shopping a personal benefit to low income on eliminating the disparity

Conclusion

Citation Page

Appendixes

- 1. Graphs
- 2. Charts
- 3. Footnotes: Current Events